

# The Saltshaker



Pastor's Wife's Heart

March 2026

## Total Chaos

This being the month for frolic and play because of those little guys that run around causing havoc, I thought it would be fun to talk about chaos. I can't think of one single person that absolutely loves it, maybe for a short time while watching a bunch of 2-year-olds running around in a small indoor room while it rains outside the whole day but... probably not much more than that.

Chaos in the dictionary says it is *"behavior so unpredictable as to appear random, owing to great sensitivity to small changes in conditions."*

I get the idea "a behavior so unpredictable". Could that mean a behavior that we create ourselves? Or maybe someone could create for us? Yes, on both accounts.

I already mentioned that 2-year-olds running around aimlessly creating chaos does something to me...it's a "run" response. "I can't handle it and I don't want to be in this place." That's easy enough to escape unless it's your job and you get paid to do it.

When others bring chaos, we have choices either we "run" or we "work" through it. It's easy to run but why do we run? Most often, we like to be in control of our lives and our environment and when chaos or unpredictable behavior shows up, it causes stress in our lives which we don't like because we can't control it. So, when we run, we become relieved because now we have control back.

But what if we have to live in that chaos? How do we work through that? It must start with prayer. You can try to do it on your own or you can ask God to give you the grace to work through it. Try seeing chaos for its face value—who's causing it and why? I don't have enough paper to write down all the answers to that or a psychology degree, but I do know that when we put our control behind us and start looking at the action from God's viewpoint, maybe we can get a glimpse of the real root cause of the chaos. It could be any number of reasons: someone has a mental issue or maybe it's someone's way of trying to let others know they need help or dozens of other reasons. And even if you do get a glimpse of the true reason maybe you can't fix it, but you will know how to pray and to encourage that individual(s).

The other dictionary definition of chaos is *"the formless matter supposed to have existed before the creation of the universe."* That's interesting, chaos was a formless matter before God stepped in to it. I'm glad God didn't run from it, but He saw something of value in it. He saw possibility. What is the definition of possibility? *"A chance that something might exist, happen, or be true."* God took the chaos and made something beautiful out of it.

So, whether you create your own chaos or someone else creates the chaos you are having to live with, take the time to find out what the root issue is and ask God for His wisdom to help you create something beautiful out of it or to see ways to help someone else work through it. If it's a mental issue that could be more difficult, but praying for that person is the greatest gift you can give to them and perhaps a smile or hug. Also remember this "kind words are like honey—sweet to the soul and healthy for the body". Proverbs 16:24

Remember that chaos can be good...it could bring you closer to God and to His revelation of what's causing the chaos in your life or someone else's.

Enjoy the chaos in the newsletter, it's just for fun but you can pray for me if you feel led to. May God bless you all always, Vicki



# Welcome to "a little" Chaos

**AWANA**  
WEDNESDAYS, 6:00PM TO 7:30PM

- Mar. 4  
Sunglasses Night
- Mar 11th  
Crazy Socks
- Mar. 18th  
Wear Green Night
- Mar. 25th  
Paint your face night

**WE ARE GAL PALS AND WE WANT YOU!**

G.A.L P.A.L.S

We are sisters in Christ (aka Gal Pals) and we love to have fun and fellowship!  
Our next adventure is March 21st @ 10:00AM. We will meet at the church and then head off to shop at some local Thrift stores. Then a wonderful guy is going to bless us with a free pizza lunch at Pizza Hut!  
Bring about \$10+ and lets have some fun! (But please don't let money keep you from coming, because it will still be a great time of fellowship.)  
After lunch, we will head back to the church!  
As always, questions...  
Angela 462-2641, Leta 234-1727

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**SENIOR ADULT MINISTRY**  
(AKA SAM'S CLUB)

**POTLUCK & FUN**

SATURDAY, MARCH 7TH @ NOON  
ROOM 111, YOUTH ROOM

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**COME AND HAVE FUN WITH US! 50 AND OLDER**

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**SPRING**

**YOUNG SINGLES & YOUNG MARRIEDS (18-49)**  
Food, Fun & Fellowship

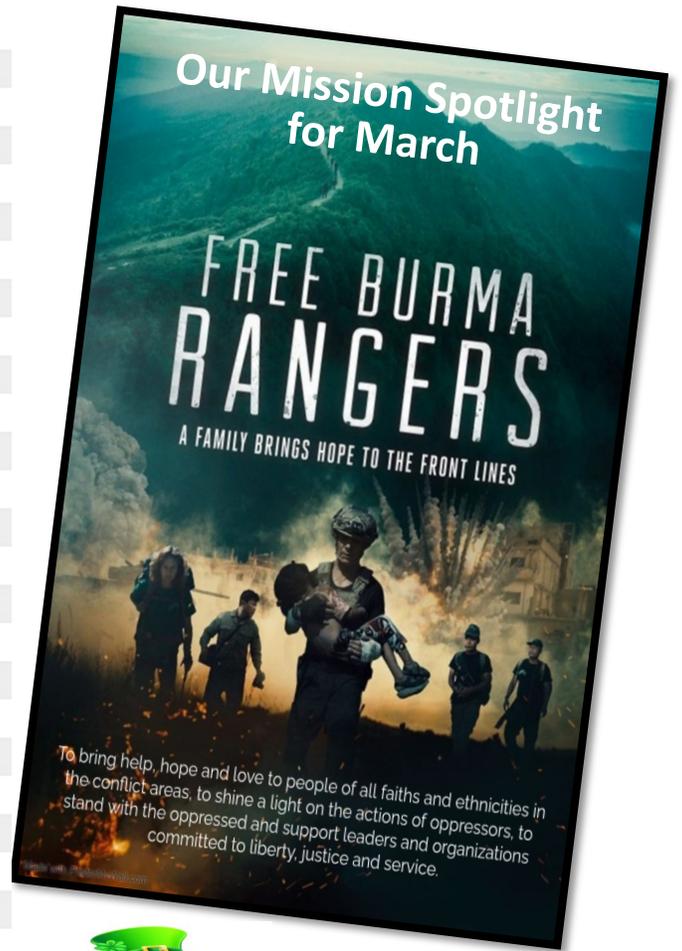
We will meet on Sunday, March 22nd @ 5:30PM in the church gym. The cost is \$5 per person. Bring your friends but please let me know so I can make extra food.  
C U there! Vicki 970-216-7845

# HAPPY BIRTHDAY

Mark Rovelstad	3
Lae Sari	7
Ralph Fraser	8
Cathie Tiffany	9
Sandy Anderson	10
Ply So Kay	12
Macy Vanderlaan	12
Cameron Nelson	15
Fay Hannigan	18
Stephanie Lamm	19
Matthew Do	21
Barbara Mazzella	21
Su Pa Wa	22
Sheila Smith	23
John Humphries	30
Kathy Winchell	30

## Happy Anniversary

Mike & Laura Gartner	23
L.J. & Shirley Davis	26
Gary & Kathie Herby	27
Ko Gi Hae & Lae Sari	29



# LIFE LINE SCREENING



**DELTA FIRST BAPTIST CHURCH GYM  
THURSDAY, MARCH 12TH  
8:30AM TO 5:00PM**

**TO REGISTER GO TO  
LIFELINESCREENING.COM OR 1-844-558-0973**



# COMING SOON

**The last week in the  
Life of Jesus!**

Watch for details in  
the bulletins and in  
your email-  
March 29-April 5

14 YEARS IN COMMUNIST PRISON  
COULD NOT BREAK HIS FAITH

# TORTURED for CHRIST

Delta First Baptist Church  
will be showing this movie  
on Saturday, March 28th @  
5:30PM. It is free! Invite  
your family & friends.



**Free Hot Meal and  
Everyone is welcome to come!**

**BBQ Pulled Pork Sandwiches & Sides**

**Confluence Park, Lions Pavilion**

**March 28th @ Noon.  
Want to serve or donate?  
Call Macy 216-0337**



# GLOBAL DAY OF PRAYER FOR BURMA SUNDAY, MARCH 8TH



Pray for peace!  
Pray for Visions of Jesus to change the  
hearts of the leaders!  
Pray for the people to have forgiveness  
in their hearts.  
Pray that Jesus will be manifested to  
all the people and idols will be seen  
for what they are - Rock!  
Pray for our church families who miss  
their country of origin and for the  
family members that remain behind.  
Please pray!

Delta First  
Baptist Church  
1250 Pioneer Road  
Delta, CO 81416



Address Service Requested

**Children's Sunday School Classes and Adult Classes**

Room 110, Leta Duran  
Room 111, Mike & Sherry Burns  
Room 201 Scott & Mary Fritzsche

Children (K-5th Grade)  
High School/Adult  
Middle School

Delta First Baptist Church  
1250 Pioneer Road, Delta, CO 81416  
Phone 970-874-3847  
E-Mail: [deltafbc@yahoo.com](mailto:deltafbc@yahoo.com)  
Pastor James Conley  
Youth Director: Thaddeus Conley  
Office Hours:  
Tuesday-Thursday 8:30AM—2:00PM  
Website: [firstbaptistchurchdelta.com](http://firstbaptistchurchdelta.com)